



Join Dr. Fran Prolman for a course in

Practical Strategies for Rebuilding Community, Belonging & Connection

Course Dates | September 14-November 23

- Meeting Times: Mondays @ 4:30-5:30pm EDT
- Audience: SEL Educators/Leaders/Aspiring Leaders
- Limited cohort size



COURSE OVERVIEW

In this course, Dr. Fran Prolman will share the reality of the pandemic effects on ourselves and our students, highlight the practical skill sets necessary for addressing pandemic induced trauma and anxiety; rebuilding classroom community, strengthen the infrastructure of belonging, connection, building psychological safety and equitable classroom practice and embracing of the community when our world has moved to virtual space. When you enroll in this course, you will receive your personal copy of the custom-design Rebuilding Your Community; Belonging and Connection Workbook, authored by Dr. Prolman specifically for this course. It includes over 200 pages of practical activities, reflective prompts, templates, protocols, articles, research synthesis, websites and links for you to be on top of your pandemic game for the new school year.

[CLICK HERE TO REGISTER](#)



DR. FRAN PROLMAN, Course Instructor

Fran Prolman the founder, president and senior consultant of The Learning Collaborative, is an internationally recognized teacher, administrator, author, consultant and keynote speaker. She is known for her depth of knowledge, dynamism, energy, practical application and proven track record of results. Fran earned her Doctorate in Teacher Training, International Education and Organizational Development from George Washington University and a Master's degree in Educational Administration and Curriculum and Instruction from the University of Pennsylvania. She has been a two-time Fulbright Scholar in both India and Israel, and has presented numerous papers, workshops and keynote speeches nationally and internationally. Fran brings you 30 years of experience providing multifaceted work with organizations and school systems throughout the United States and the world. She was the first Understanding by Design cadre trainer designing curriculum training throughout the United States, a faculty member for ASCD and the senior consultant at Research for Better Teaching training trainers and educating thousands of administrators and teachers in effective learning practice. Fran focuses on building human capacity through a variety of avenues. She facilitates leadership retreats for teachers, administrators and executives; delivers organization-wide keynote speeches and workshops, coaches to build highly functional teams; assists organizations and teams in the appropriate use of data, designs professional growth and evaluation systems and brings insight to the change process.

OVERVIEW OF COURSE MODULES

Module 1: Community Building and the Pandemic Effects

In this module, participants will: Analyze the importance of conscious and intentional community building; Expand their repertoire of community building strategies for virtual and in-person student connection; Consider the effects of the pandemic on the restoration of community.

Module 2: Belonging and Connection

In this module, participants will: Analyze the importance of the human condition of connection; Expand their repertoire of classroom strategies to invite belonging and connection.

Module 3: Trauma Informed Instruction and Managing Anxiety

In this module, participants will: Analyze the neuroplasticity effects of trauma and anxiety on learning; Expand their repertoire of trauma-informed instructional strategies; Learn how to quiet anxiety for both adults and students.

Module 4: Grief, Loss and Transitions

In this module, participants will: Analyze the effects of massive changes on our psyches and students. Compare three grief and loss research study findings as they relate to their experiences; Expand their repertoire of practical strategies for navigating through loss and transitions.

Module 5: Teaching Empathy and Compassion

In this module, participants will: Learn the four components of empathy and how to model and teach them to others; Compare the research on empathy and compassion with your experience; Expand their repertoire of practical strategies to teach both compassion and empathy.

Module 6: Deep Listening and Withholding Judgement Skills

In this module, participants will: Analyze the critical attributes of deep listening, as opposed to paraphrasing or coaching. Expand their repertoire of strategies to withhold your judgment and practice ego management; Reflect on the four tendencies which get in the way of deep listening.

Module 7: Building Trust and Psychological Safety

In this module, participants will: Analyze the seven trust building behaviors as defined by the BRAVING acronyms; Compare Covey's and Brown's models of trust building and how you model them for students; Expand their repertoire of practical strategies to build psychological safety and establish trust.

Module 8: Equitable Instructional Practice

In this module, participants will: Analyze the Cultural Proficiency Continuum and reflect upon where they currently place themselves; Compare the three-part model of becoming anti-racist with current practice; Expand their repertoire of practical strategies to expand cultural proficiency and perspective

-Participants will receive an email from the course instructor at least one week prior to the start of the course.

-Participants will receive course confirmation once payment has been received.

-This course must meet minimum number of participants or may be postponed.