

Join StartHuman founder and facilitator Amber Barnes for

The *HUMAN* Leader

7-week Program

Wednesdays 1:30-3:00pm PT

Oct. 7, 2020 - Nov. 18, 2020

Register [HERE](#)



Description

This course is designed for people who are in a formal or informal leadership role within their school or administration, including teacher leaders.

Over the course of seven weeks, we'll explore seven practices of leaders who promote human flourishing at every opportunity.

This course will challenge leaders to look inward at their beliefs, choices and behaviors while developing the skills and knowledge to create and nourish healthy relationships with the people they lead and influence.

Meet the Instructor



Amber Barnes is the founder and Co-CEO of StartHuman. She is passionate about creating environments where people can flourish and develop into healthy, whole humans.

For the past 9 years, Amber has worked with a variety of organizations and professionals as an educator, coach and consultant. Prior to starting a business, she was an internal facilitator, coach and consultant at a Fortune 50 organization. She has worked in the field of leadership and organization development for 15+ years.

Amber received a BS in Elementary and Special Education and an MS in Organization Development. She's a certified coach and holds certifications through Brené Brown, Ken Blanchard and a variety of psychometric instruments.

Modules

Module 1: Practice Clarity

Gain the skills for creating clarity for yourself and others. SMART intentions, expectations and outcomes are the foundations of high achievement.

Module 2: Practice Vulnerability

Explore the heart of human connection and performance as well as what gets in the way.

Module 3: Practice Authenticity

Develop an approach to showing up and letting yourself be seen and known while fostering an environment where others can do the same.

Module 4: Practice Compassion

Gain skills to normalize the human experience (yours and others) when things are difficult, awkward, stressful, painful and/or vulnerable.

Module 5: Practice Presence

Explore ways to work with the brain and develop a conscious approach to leading.

Module 6: Practice Flexibility

Learn ways to serve people you lead and influence by giving them what they need when they need it.

Module 7: Practice Integrity

Develop a method for aligning to and practicing your values while choosing courage over comfort.

